

## AQ, or Adaptability Quotient

## Transforming the way people and organizations adapt to change

AQ, or Adaptability Quotient, is a holistic measure of workplace adaptability. The higher your AQ, the more likely you will be able to recover from setbacks, find alternative solutions to problems and embrace change. AQ is measured across three key core dimensions:







#### **CHATBOT ASSESSMENT**

Interactive and engaging conversational experience

#### **GLOBAL AVERAGES**

Compare your AQ score against the global average

### THE AQ DASHBOARD

View your AQ score and insights in the dashboard

#### **ACTIONABLE INSIGHTS**

Improve your AQ scores with actionable insights

## **Applying AQ**

How our clients are applying their newly learned AQ knowledge and insights.

## **Reskilling & Upskilling**

Utilise your existing team resource to produce different results for your organization with new skill initiatives.

## **Mergers & Acquisition**

Manage new teams or organizations coming on board by understanding key measures of adaptability.

## **Digital Transformation**

Choose the right team for the job to navigate new process implementation with grit, resilience and motivation style

## **Employee Retention**

Nurture your existing team by helping them strengthen their AQ muscle with rich insights and actionable activities.

## **Leadership Development**

Understand how adaptable your management teams are in order to develop them to drive the organization's success.

### **Change Management**

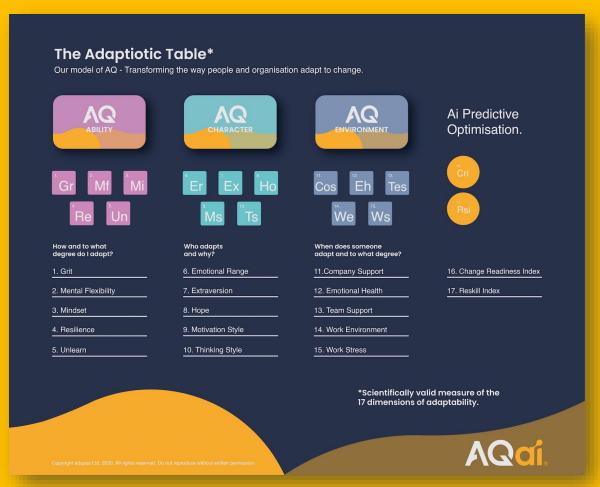
Focus on the human side of change by measuring the soft skills of culture within your teams and actively develop them.



# The AQ Model THE FIRST EVER COMPLETE VIEW ON ADAPTABILITY

Based on academic and organizational research plus 100+ scientific publications in the Financial Times top 50 journals

"Measuring the abilities, characteristics, and environmental factors that impact the successful behaviors and actions of people and organizations to effectively respond to uncertainty, new information or changed circumstances." (Decoding AQ, 2020)



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